

TODDLER MILESTONES

MONTHS 13-18



GROSS MOTOR

- Walking independently
- Throwing a ball forward
- Walking sideways and backwards
- Crawling up stairs; walking up and down stairs with help
- Playing with pull and push toys
- Seating self in a child-sized chair, starting to crawl into car seat

FINE MOTOR

- Bringing hands to mouth for exploration
- Reaching forward and touching/grasping toys
- Following toys or parents with eyes
- Palmar grasp development
- Hitting at dangling objects with hands

COMMUNICATION

- Looking around when asked “where” questions
- Following simple 1-step directions
- Pointing to make requests, comment, or get information
- Understanding and using words for common objects/actions and familiar people
- Identifying one or more body parts
- Using gestures

Milestones adapted from Children’s Minnesota Hospital and the American Speech-Language-Hearing Association



CALL US FOR MORE INFO

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