

PRESCHOOL MILESTONES

YEARS 3-5



GROSS MOTOR

- Pedaling a tricycle
- Catching an 8-inch ball thrown from 5 feet
- Alternating feet going up and down stairs
- Jumping forward 8 to 12 inches
- Balancing on each foot for 3 seconds
- Walking across a 4-inch balance beam
- Kicking a ball rolling toward them

FINE MOTOR

- Cutting along straight and curved lines
- Copying/tracing basic shapes
- Stacking ten blocks
- Stringing 1-inch beads onto a string
- Holding a large crayon with thumb and 2 fingers
- Using preferred hand for writing and cutting tasks

COMMUNICATION

- Telling stories from a book or a video
- Understanding and using more prepositions
- Correctly producing t, k, g, f, y, and -ing in words
- Saying all the sounds and syllables in a word
- 4 yrs: talking smoothly and is mostly intelligible to unfamiliar listeners
- Following directions and rules to games

Milestones adapted from Children's Minnesota Hospital and the American Speech-Language-Hearing Association



CALL US FOR MORE INFO

479-252-3321

FUSION THERAPY CENTER



office@fusiontherapycenter.com



www.fusiontherapycenter.com